



Sunday
29th June 2025

Race begins at Smith Cove
5.45am start for walkers
6.00am start for runners

Adults \$25
Children (under 10) \$10

For more information or to become a sponsor, please contact:
windofhope5k@gmail.com or call 328 2850

Name: _____ Email: _____

Mobile Number: _____ Age on Race Day: _____ Gender: _____

Emergency Contact Name: _____ Contact Number: _____

Walk: ☐ Run: ☐ Paid: ☐ Donation:

Received T-shirt: Y / N

T-shirt Size: S M L XL XXL

DISCLAIMER: In consideration of this entry being allowed to participate in this event, I personally assume all risks in connection with walk/run. I release Wind of Hope, their sponsors, supporters, and volunteers from any claim by me or my family, estate, heirs or assigns, for injury or damage which may occur due to my participating in this walk/run. I have signed the release freely and voluntarily and have a full understanding of its contents, having read it in full and acknowledging by my signature that I am bound by the provisions herein. I understand and intend that I will be legally bound by it. I also confirm that I am physically fit and qualified to participate in this walk/run. I am at least 18 years of age.

(PARENT OR GUARDIAN NEEDS TO SIGN FOR YOUTH UNDER THE AGE OF 18)

Signature: _____ Date: _____

Parent Name: _____